

Tennis coaches and teaching pros have been making their own “catching racquets” for years. Now you can save time and money by using this professional-looking training aid from OnCourt OffCourt. If you’ve never used one with your kids, beginners, or just someone needing to work on their volley or serve, you are in for a treat. The 23-inch “Catching Racquet” is extremely affordable and versatile.

1. Use to teach the volley to eliminate excessive swinging. Great for all levels of play.
2. Have players use for serving motion practice! Toss like a real serve, extend, and catch the ball in the strings. It takes the mind of the server off the ball and whether it is going over the net and helps them develop a smoother service motion. For a little extra challenge and to improve tossing accuracy, have the server practice with their eyes closed!
3. Use with young juniors to pick up balls. The parents will love you when they stop stretching out their T-shirts!

