

The Mini Target Trainer loops through a tennis net in a number of positions to facilitate serving practice as well as many other shots, including passing shots, return of serves, and more. It is made of impact resistant furniture grade PVC and is 100% weather resistant. Before setting up your Mini Target Trainer, check that all the parts are included:

- 7 Straight yellow poles, each 36" long.
- 4 half-inch elbow connectors
- 2 half-inch "T" connectors

**Setting up your Mini Target Trainer takes about one minute.**

**STEP #1:** Weave the bottom pole 2-3 times through the bottom of the net, parallel to the ground.

**STEP #2:** Weave the 2 vertical poles from the top of the net downwards, so each pole can be connected with an elbow connector to the bottom "ground level" pole.

**STEP #3:** Now that your "base" is assembled, just connect the 4<sup>th</sup> pole at net height, parallel to the top of the net, with "T" connectors to the 2 vertical poles.

**STEP #4:** Now you are ready to connect the top target area, the Mini Target Trainer "zone" above the net. First insert 2 of the remaining 3 poles vertically into the remaining openings in the "T" connectors.

**STEP #5:** The final step is to connect the 7th pole parallel to the net with the remaining 2 elbow connectors. Your Mini Target Trainer should now look like the image below.

## Mini Target Trainer DRILL IDEAS

Serve practice

Returning serve

Passing shots

Controlled warm-ups

**REMEMBER** that you can also raise the Mini Target Trainer up in order to create a target that starts at 1-2 feet above the net. Just weave the bottom 3 poles so the lowest parallel pole weaves parallel to the ground but halfway up the net.

