

Drive

PROBLEM	SOLUTION
Backswing too big	Backswing Solution Arm Pocket Developer
Grip problems	Start Rite Grip Trainer
Need more upper body rotation	Forehand Rotator Forehand Fixer Magnet Master
Need to hit more cleanly	Pickleball Eye Coach Pickleball Sweet Spot Trainer
Need to learn spin	Spin Doctor Topspin Solution
Not getting under ball enough	Flex Trainer
Contact too close to body	Space Aid

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Dink

PROBLEM	SOLUTION
Grip problems	Start Rite Grip Trainer
Need to hit more cleanly	Pickleball Eye Coach Pickleball Sweet Spot Trainer
Lack of directional control	Pickleball Arrow
Backswing too big	Backswing Solution Arm Pocket Developer
Contact too close to body	Space Aid

Volley

PROBLEM	SOLUTION
Grip problems	Start Rite Grip Trainer
Need to hit more cleanly	Pickleball Eye Coach Pickleball Sweet Spot Trainer
Lack of directional control	Pickleball Arrow
Droopy wrist at finish	Angle Doctor Volley Doctor
Backswing too big	Backswing Solution Arm Pocket Developer
Contact too close to body	Space Aid

Serve

PROBLEM	SOLUTION
Backswing too big	Backswing Solution Arm Pocket Developer
Grip problems	Start Rite Grip Trainer
Need to hit more cleanly	Pickleball Eye Coach Pickleball Sweet Spot Trainer

Return of Serve

PROBLEM	SOLUTION
Backswing too big	Arm Pocket Developer Backswing Solution
Grip problems	Start Rite Grip Trainer
Need to hit more cleanly	Pickleball Eye Coach Pickleball Sweet Spot Trainer
Contact too close to body	Space Aid

Movement

PROBLEM	SOLUTION
First step too slow	Flex Trainer Power Resist System
Lack of acceleration	Flex Trainer Power Resist System
Not bending knees enough	Flex Trainer Tac-Tic Knee Trainer
Slow footwork	Adjust-a-Hurdle Hexo Agility Rings SportLadder

Volley

PROBLEM	SOLUTION
Grip problems	Start Rite Grip Trainer
Need to hit more cleanly	Pickleball Sweet Spot Trainer
Lack of directional control	Pickleball Arrow
Not extending to contact	Tac-Tic Wrist Trainer
Not snapping at wrist	Tac-Tic Wrist Trainer

Miscellaneous

PROBLEM	SOLUTION
Hitting in the net too much	Pickleball Airzone
Trouble making decisions	Numbered Cones
Poor targeting	Numbered Cones Spots Stoplight Cones Pop-Up Targets Pickleball Knockdown Targets
Poor positioning	Quick Feet Donuts

