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ONCOURT OFFCOURT

GAME CHANGERS

OnCourtOffCourt.com
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WELLNESS

Support healthy recovery and overall wellness

Our OnCourt OffCourt yoga products are built to last with two durable and well-designed yoga mats, plus a yoga mat bag!

MULTIPLE WAYS TO USE THIS MAT!



Foldable Yoga Mat

The original light-weight, foldable, multi-purpose yoga mat! Use as a mat, bolster, meditation cushion, or block. Fold to add extra support and cushioning where needed. Made from eco-friendly natural rubber. 71.5" x 24" in.

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"As a Yoga for Tennis teacher, I am all for props that make the practice of yoga accessible to anyone, especially tennis players. In this case, the foldable yoga mat's beauty is that very little additional props are needed as the mat itself serves as cushioned support for the wrists and knees as you fold it to meet your needs.

The "get a grip mat" can not only withstand sweat, but maintains its grip in postures such as Downward Facing Dog and Plank pose. It has a really nice texture beneath the feet and hands unlike any other mat I have tried."

MARGIT BANNON, USPTA tennis pro,
E-RYT Yoga Teacher, Yoga for Tennis teacher

NON-SLIP AND HEAVY DUTY



Get-A-Grip Yoga Mat

Our Get-A-Grip yoga mat uses a proprietary, non-slip texture for a solid grip to support even the most sweaty practices. This high quality, heavy-duty mat is made from eco-friendly natural rubber. 71" x 27" in.

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Yoga Mat Bag

Your durable canvas yoga mat bag is ready to accompany you and your yoga mat anywhere you go! It even has a convenient front pocket for your keys and cell phone. Our bag fits both of our yoga mats and most standard size mats.

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NeuroMuscular Balancing

Rewire the way you've thought about stretching, strengthening, and releasing muscles with our NeuroMuscular Balancing based gentle yoga class, Integrating NeuroMuscular Balancing for Everyday and Lifelong Wellness class and more bonus material.

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[VIDEO DOWNLOAD](#)



Type P Pro Stick Massage Roller

The Type P Pro stick massage tool offers soft and medium-density gears that accurately connect with the skin for muscle relief. It's portable to help take care of tired muscles on-the-go.

[ORDER ONLINE](#)

OnCourt OffCourt Yoga Kits

Get awesome savings by purchasing a yoga kit rather than the individual products! We offer three great yoga kits to get you started. Choose from Foundations Yoga Kit, Enhanced Foundations Kit or our Premium Yoga Kit.

[FOUNDATIONS YOGA KIT](#)

[ENHANCED FOUNDATIONS YOGA KIT](#)

[PREMIUM YOGA KIT](#)



BioZoom Jr.

The BioZoom Jr. is the world's most compact cordless percussion massager and one of the quietest devices on the market. Decrease muscle soreness, accelerate warm-up and recovery and increase range of motion.

[ORDER ONLINE](#)

See our full wellness and yoga offerings at oncourtoffcourt.com/wellness/